

# 18.445 Introduction to Stochastic Processes

## Lecture 4: Introduction to Markov chain mixing

Hao Wu

MIT

23 February 2015

## Announcement

Midterm : April 6th.(on class)

Final : May 18th.

The tests are closed book, closed notes, no calculators.

## Recall

If  $(X_n)_n$  is an irreducible Markov chain with stationary distribution  $\pi$ , then

$$\lim_{n \rightarrow \infty} \frac{1}{n} \sum_{j=0}^n 1_{[X_j=x]} = \pi(x), \quad \mathbb{P}_\mu - \text{a.s.}$$

**Today's goal** We will show that  $X_n$  converges to  $\pi$  under some "strong sense".

- total variation distance
- the convergence theorem
- mixing times

# Three ways to characterize the total variation distance

$\mu$  and  $\nu$  : probability measures on  $\Omega$ .

$$\|\mu - \nu\|_{TV} = \max_{A \subset \Omega} |\mu(A) - \nu(A)|.$$

## Lemma

•

$$\|\mu - \nu\|_{TV} = \frac{1}{2} \sum_{x \in \Omega} |\mu(x) - \nu(x)|.$$

•

$$\|\mu - \nu\|_{TV} = \frac{1}{2} \sup\{\mu f - \nu f : f \text{ satisfying } \max_{x \in \Omega} |f(x)| \leq 1\}.$$

•

$$\|\mu - \nu\|_{TV} = \inf\{\mathbb{P}[X \neq Y] : (X, Y) \text{ is a coupling of } \mu, \nu\}.$$

## Definition

We call  $(X, Y)$  the optimal coupling if  $\mathbb{P}[X \neq Y] = \|\mu - \nu\|_{TV}$ .

# The Convergence Theorem

Suppose that  $(X_n)_n$  is a Markov chain with transition matrix  $P$ . Assume that  $P$  is irreducible and aperiodic, then

- there exists  $r$  such that  $P^r(x, y) > 0$  for all  $x, y \in \Omega$ ;
- there exists a unique stationary distribution  $\pi$  and  $\pi(x) > 0$  for all  $x \in \Omega$ .

## Theorem

*Suppose that  $P$  is irreducible, aperiodic, with stationary distribution  $\pi$ . Then there exist constants  $\alpha \in (0, 1)$  and  $C > 0$  such that*

$$\max_{x \in \Omega} \|P^n(x, \cdot) - \pi\|_{TV} \leq C\alpha^n \quad \forall n \geq 1.$$

# Mixing time

## Definition

$$d(n) = \max_{x \in \Omega} \|P^n(x, \cdot) - \pi\|_{TV}$$

$$\bar{d}(n) = \max_{x, y \in \Omega} \|P^n(x, \cdot) - P^n(y, \cdot)\|_{TV}$$

## Lemma

$$d(n) \leq \bar{d}(n) \leq 2d(n)$$

## Lemma

$$\bar{d}(m+n) \leq \bar{d}(m) \cdot \bar{d}(n)$$

## Corollary

$$\bar{d}(mn) \leq \bar{d}(n)^m$$

# Mixing time

## Definition

$$t_{mix} = \min\{n : d(n) \leq 1/4\}, \quad t_{mix}(\epsilon) = \min\{n : d(n) \leq \epsilon\}$$

## Lemma

$$t_{mix}(\epsilon) \leq \log\left(\frac{1}{\epsilon}\right) \frac{t_{mix}}{\log 2}$$

**Questions** : How long does it take the Markov chain to be close to the stationary measure ?

Lecture 5 : Upper bounds on  $t_{mix}$  ; Lecture 6 : Lower bounds on  $t_{mix}$  ;

Lecture 7 : Interesting models.

# Couple two Markov chains

## Definition

A coupling of two Markov chains with transition matrix  $P$  is a process  $(X_n, Y_n)_{n \geq 0}$  with the following two properties.

- Both  $(X_n)$  and  $(Y_n)$  are Markov chains with transition matrix  $P$ .
- They stay together after their first meet.

**Notation** : If  $(X_n)_{n \geq 0}$  and  $(Y_n)_{n \geq 0}$  are coupled Markov chains with  $X_0 = x, Y_0 = y$ , then we denote by  $\mathbb{P}_{x,y}$  the law of  $(X_n, Y_n)_{n \geq 0}$ .

# Couple two Markov chains

## Theorem

Suppose that  $P$  is irreducible with stationary distribution  $\pi$ . Let  $(X_n, Y_n)_{n \geq 0}$  be a coupling of Markov chains with transition matrix  $P$  for which  $X_0 = x, Y_0 = y$ . Define  $\tau$  to be their first meet time :

$$\tau = \min\{n \geq 0 : X_n = Y_n\}.$$

Then

$$\|P^n(x, \cdot) - P^n(y, \cdot)\|_{TV} \leq \mathbb{P}_{x,y}[\tau > n].$$

In particular,

$$d(n) \leq \max_{x,y} \mathbb{P}_{x,y}[\tau > n].$$



## Random walk on $N$ -cycle : Upper bound on $t_{mix}$

**Lazy walk** : it remains in current position with probability  $1/2$ , moves left with probability  $1/4$ , right with probability  $1/4$ .

- It is irreducible.
- The stationary measure is the uniform measure.

### Theorem

*For the lazy walk on  $N$ -cycle, we have*

$$t_{mix} \leq N^2.$$

MIT OpenCourseWare  
<http://ocw.mit.edu>

## 18.445 Introduction to Stochastic Processes

Spring 2015

For information about citing these materials or our Terms of Use, visit: <http://ocw.mit.edu/terms>.